

Translating Theory and Research Into Practice: Domain 12 Comfort

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This presentation will:

1. Make a case for modifying the structure and content of Domain 12 Comfort in Taxonomy II
2. Facilitate translation of available comfort evidence to clinical practice.



Rationale for Modifications

“ a diagnosis classification should describe the knowledge base and subject matter for which the nursing profession is responsible” (Muller-Stab et al, p. 702).

In order to facilitate research translation, the domain of comfort and classes of comfort should be congruent with the Theory of Comfort (Kolcaba, 2003) being used currently and extensively in research and practice.

Rationale for Modifications

Comfort diagnoses are holistic –
theoretically are not separated into parts

Holistic Comfort diagnoses -
are more inclusive than separate class
definitions for each class

Translation (Implementation) Science –
Accelerates use of comfort research
findings to nurses at the bedside.

Suggested Modifications

- Domain 12 Comfort – same domain name, revised definition
- 4 Classes rather than 3
- Add Impaired Comfort diagnosis to all 4 classes
- Add Readiness for Enhanced Comfort diagnosis to all 4 classes.



Holistic Comfort Diagnoses Belong Under All Classes of Comfort

Impaired Comfort:

Perceived lack of ease, relief, and transcendence in physical, psychospiritual, environmental, cultural and social dimensions
(2009-2010 ed.)

Readiness for

Enhanced Comfort:

A pattern of ease, relief, and transcendence in physical, psychospiritual, environmental, and/or social dimensions that can be strengthened
(2007-2008 ed.)



State of the Science of Comfort (Kolcaba, 2003)

- Taxonomic Structure
- Conceptual Framework
- Comfort Theory

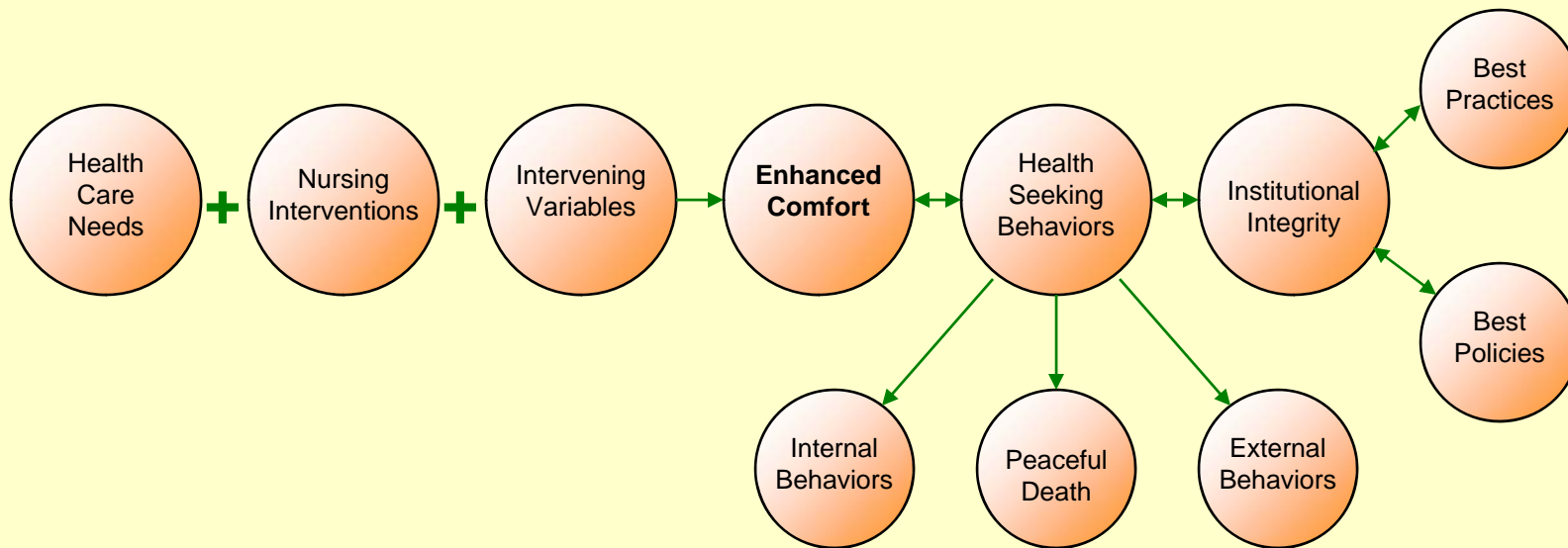


Taxonomic Structure of Comfort

(basis for holistic definition, assessment, and measurement)

	Relief	Ease	Transcendence
Physical			
Psychospiritual			
Sociocultural			
Environmental			

Conceptual Framework for Comfort Theory



Dissemination of Comfort Science

Kolcaba, K. (2003). *Comfort Theory & Practice: A vision for holistic health care and research*. NY: Springer.



Evidence for Evidence- Based Practice

- RCTs by Kolcaba et al
 - College students
 - Hospice patients
 - LTC residents
 - UI clients
 - Breast cancer patients



Application of Comfort Theory in Hospital Systems

- Magnet Recognition
 - Use of theory to improve the practice environment
 - Improving the practice environment will improve the patient experience
- Patient Experience:
 - Hospital Consumer Assessment of Healthcare Providers & Systems (HCAHPS)
 - 8/10 questions are nursing sensitive



Current Structure of Comfort Domain (© NANDA International)

- Will show current structure and our suggestions
- Suggestions are italicized and underlined



Domain 12 Comfort

Sense of mental, physical,
or social well-being or ease
(2007-2008, p. 281)

Our suggested definition:

*Overall wellbeing, ease and/or
transcendence*

Class 1 Physical Comfort Sense of well-being, or ease and/or freedom from pain

Class 1 Physical Comfort Sense of well-being, ease and transcendence and/or freedom from pain

Approved Diagnoses

00132 Acute Pain

00133 Chronic Pain

00134 Nausea

00183 Readiness for enhanced comfort

00XXX Impaired comfort

Class 2 Environmental Comfort Sense of well-being or ease, in/with one's environment

Class 2 Environmental Comfort Sense of well-being, ease, and transcendence in/with one's surroundings

Approved Diagnoses

00183 Readiness for enhanced comfort

00XXX Impaired comfort

Class 3 Social Comfort Sense of well-being or ease with one's social situations

Class 3 Sociocultural Comfort Sense of well-being, ease, and transcendence with the values and beliefs of persons, families, and organizations

Approved Diagnoses

00053 Social isolation

00183 Readiness for enhanced comfort

00XXX Impaired comfort

Class 4 currently does not exist

Class 4 Psychospiritual Comfort Sense of well-being, ease, and transcendence with one's self and meaning in one's life.

Approved Diagnoses

00183 Readiness for enhanced comfort

00XXX Impaired comfort

The suggested modifications provide:

Congruency among nursing theory, research, practice, and the NANDA taxonomy II related to the Comfort Domain



Congruency will.....

- Facilitate consistency among clinical comfort assessments, interventions, and outcomes.
 - * Comfort is a value-added outcome.
- Facilitate wider acceptance of the NANDA-I system across institutions.
- Facilitate usefulness of clinical data for best practices and best policies within and among institutions and regions.



Implications for EBP/Translation

- Standardization in health care electronic records
- Safety & quality in health care
- Global communication among the nursing community



NNN are Imperative for Successful Translation Work

These modifications, if adopted, pave the way for a consistent pattern of *translation of research findings into practice using NNN* as the vehicle



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