

Session 1.1
Clinical Track

Presenter:

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Abstract Title:

The Labor and Birth of a Perinatal Nursing Diagnosis: Risk for Disturbed Maternal/Fetal Dyad

Intended Audiences:

Educators, Clinicians, Informaticists, Advanced Practice Nurses

Areas of Focus:

Classification Development, Critical Thinking, Informatics, Research, Use in Practice, Linking or Integrating Nursing Language

Research Format:

For Non-Research Reports

TOPIC: Development of a New Nursing Diagnosis

BACKGROUND: At Aspirus Wausau Hospital, we are committed to electronic documentation of our nursing diagnoses, their interventions and outcomes. Surprisingly however, a paucity of nursing diagnoses exists related to the topic of women's health and, in particular, maternity care. In the acute care setting, labor and delivery nurses struggle to make a nursing diagnosis, such as Ineffective Protection, fit their patient population. For this reason, a team of inpatient obstetric nurses and I, as a perinatal clinical nurse specialist, researched, proposed, and submitted to NANDA a "risk nursing diagnosis" that could be used for women who were pregnant or in labor. This diagnosis, "Risk for Disturbed Maternal/Fetal Dyad" is defined as, "At risk for disruption of the symbiotic maternal/fetal dyad as a result of co-morbid or pregnancy-related conditions.

DESCRIPTION: Women and their unborn children maintain a delicate balance of physical (oxygen, nutrients, comfort), emotional (stress, planning for birth and parenting), and psychosocial (support and love from others, safety) allostasis during pregnancy. Add the risk factors of physical, emotional, and psychosocial co-morbidity and the positive outcome of a healthy mother and child can be severely compromised. Further, what may seem like a normal, healthy pregnancy can deteriorate rapidly into a poor outcome without the astute assessments and interventions of nurses who monitor these risks and subtle physiological changes. Using a nursing diagnosis, such as Risk for Disturbed Maternal/Fetal Dyad, provides nurses the framework for planning the nursing outcomes and interventions that are published in the Nursing Outcomes Classification and the Nursing Interventions Classification texts.

This presentation has four learning objectives:

- * To utilize the nursing process (assessment, planning, implementation, evaluation) as a model for developing a "women's health" nursing diagnosis for an electronic health record.
- * To employ the steps in planning and developing a women's health nursing diagnosis as outlined on the NANDA website and the NANDA publication, Nursing Diagnosis: Definitions and Classifications.
- * To identify outcomes and interventions, as outlined in Nursing Outcomes Classification and the Nursing Interventions Classification, that relate to new women's health nursing diagnoses.
- * To evaluate the ease of usage and intuitiveness of new nursing diagnosis in the electronic health record

CONCLUSION: The presentation will conclude with a dialogue about other maternal-child/women's health nursing diagnoses that could be formulated for the electronic health record.

Citations:

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